
A. The dietary and food service operation shall meet all applicable sections of 12 VAC 5-421.

B. There shall be a food service manager, qualified as allowed in 12 VAC 5-421-60, responsible for the full-time management and supervision of the dietary service.

C. If the food service supervisor is not a dietitian qualified according to § 54.1-2731 of the Code of Virginia, the nursing facility shall have a written agreement for ongoing consultation from a registered dietitian who meets the qualifications of § 54.1-2731 of the Code to provide guidance to the food service supervisor on methods for maintaining the dietary service, planning of nutritionally balanced meals, and assessing the dietary needs of individual residents.

D. The dietitian’s duties shall include the following:

1. Developing all menus, including therapeutic diets prescribed by a resident’s physician;

2. Developing, revising, and annually reviewing dietary policies, procedures and job descriptions;

3. Assisting in planning and conducting regularly scheduled inservice training that includes, but is not limited to:
   a. Therapeutic diets;
   b. Food preparation requirements; and
   c. Principles of sanitation.

4. Visiting residents on a regular basis to discuss nutritional problems, depending upon their needs and level of care, and recommending appropriate solutions.

...G. Food service shall be staffed for not less than 12 hours during the day and evening. Duty schedules shall be retained for at least 30 days.

...K. Visitors or employees assigned to other duties in the nursing facility shall not be allowed in the food preparation area during food preparation and resident meal service hours, except in cases of emergency.