388-97-1160 Dietary personnel.

The nursing home must have sufficient support personnel capable of carrying out the functions of dietary services and must:

1) Employ a qualified dietitian either full-time, part-time or on a consultant basis who must:

   a) Approve regular and therapeutic menus which meet the dietary allowances of the Food and Nutrition Board of the National Research Council, National Academy of Sciences;

   b) Prepare dated menus for general and modified diets at least three weeks in advance;

   c) Provide services which include:

      i) Nutrition assessment;

      ii) Liaison with medical and nursing staff, and administrator;

      iii) Inservice training; and

      iv) Guidance to the director of food service, and food service staff.

2) If a qualified dietitian is not employed full-time as the food service manager the nursing home must employ a food service manager to serve as the director of food service.

3) The food service manager means:

   a) An individual who is a qualified dietitian; or

   b) An individual:

      i) Who has completed a dietetic technician or dietetic assistant training program, correspondence or classroom, approved by the American Dietetic Association/Dietary Manager Association; and

      ii) Receives regularly scheduled consultation from a qualified dietitian.

[Statutory Authority: Chapters 18.51 and 74.42 RCW and 42 C.F.R. 489.52. 08-20-062, § 388-97-1160, filed 9/24/08, effective 11/1/08.]