19-13-D8t. Chronic and convalescent nursing homes and rest homes with nursing supervision

(q) Dietary services.

3. The facility shall ensure that the dietary service:

...D. Serves at least three meals, or their equivalent, daily at regular hours, with not more than a 14 hour span between evening meal and breakfast;

...F. Provides bedtime nourishments for each patient, unless medically contraindicated and documented in the patient’s care plan;