Section 27.0 Dietetic Services

...27.11 Each resident shall receive and the facility shall provide at least three (3) meals daily, at regular times comparable to normal mealtimes based upon the individual preference of a resident or group of residents in a residential area and/or at regular times comparable to normal mealtimes in the community.

a) There shall be no more than fourteen (14) hours between a substantial evening meal and breakfast the following day, except as provided in (c) below.

b) The facility shall offer snacks at bedtime daily.

c) When a nourishing snack is provided at bedtime, up to sixteen (16) hours may elapse between a substantial evening meal and breakfast the following day if a resident, or group of residents in a residential area agrees to this meal span, and a nourishing snack is served.

a) Breakfast shall not be served before 7:00 A.M. nor later than 8:30 A.M. Lunch shall not be served before 11:00 A.M. nor later than 1:00 P.M. Supper shall not be served before 5:00 P.M. nor later than 6:00 P.M.

b) Between evening meal and bedtime, nourishments shall be offered to all residents, unless medically contraindicated.