HFS 132.63 Dietary service

...(5) MEAL SERVICE

a) Schedule. At least 3 meals or their equivalent shall be offered to each resident daily, not more than 6 hours apart, with not more than a 15-hour span between a substantial evening meal and the following breakfast.

...(f) Snacks. If not prohibited by the resident’s diet or condition, nourishments shall be offered routinely to all residents between the evening meal and bedtime.

(g) Drinking water. When a resident is confined to bed, a covered pitcher of drinking water and a glass shall be provided on a bedside stand. The water shall be changed frequently during the day, and pitchers and glasses shall be sanitized daily. Single-service disposable pitchers and glasses may be used. Common drinking utensils shall not be used.