420-5-10-.12 Dietary Services.

(3) Menus and nutritional adequacy. Menus must:

(a) Meet the nutritional needs of residents in accordance with the recommended dietary allowances of the Food and Nutrition Board of the National Research Council, National Academy of Sciences;

(b) Be prepared in advance; and

(c) Be followed.

...(5) Therapeutic diets. Therapeutic diets must be prescribed by the attending physician.