10A NCAC 13D .2701 PROVISION OF NUTRITION AND DIETETIC SERVICES

...(f) The facility shall ensure that menus are followed which meet the nutritional needs of patients in accordance with the recommended dietary allowances of the Food and Nutrition Board of the National Research Council, National Academy of Sciences which are incorporated by reference, including subsequent amendments. Copies of this publication can be obtained by contacting The National Academy Press, 2101 Constitution Avenue N.W., Lockbox 285, Washington, D.C., 20055. Cost of this publication is eighteen dollars and ninety five cents ($18.95) and includes shipping and handling. Menus shall:

(1) be planned at least 14 days in advance,

(2) provide for substitutes of similar nutritive value for patients who refuse food that is served, and

(3) be provided to patients orally or written through such methods as posting, daily announcements, periodic newsletters, etc.

...(j) All diets, including enteral and parenteral nutrition therapy, shall be ordered by the physician or other legally authorized person, and served as ordered.

...(o) The facility shall have a current nutrition care manual or handbook approved by the dietitian, medical staff and the Administrator which shall be used in the planning of the regular and therapeutic diets and be accessible to all staff.