420-5-10-.01 Definitions.

(1) Definitions - (a list of selected terms often used in connection with these rules):

...(cc) "Resident Activities Consultant" - A person who:

(i) Is registered or meets requirements for registration as a professional level Therapeutic Recreation Specialist by the National Recreation and Park Association; or

(ii) Is a qualified occupational therapist or occupational therapy assistant; or

(iii) Has two years of experience in a social or recreations program within the past five years, one year of which was full time in a resident activities program in a health care setting.

(dd) "Resident Activities Coordinator" - A person who is registered or meets the requirements for a resident activities consultant or a person who serves under the supervision of a qualified resident activities consultant or has the equivalent of two years of full-time experience, under the supervision of a qualified resident activities consultant.

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420-5-10-.08 Quality of Life

...(b) Self-determination and participation. The resident has the right to:

1. Choose activities, schedules, and health care consistent with his or her interests, assessments, and plans of care;

...(f) Activities.

1. The facility must provide for an ongoing program of activities designed to meet, in accordance with the comprehensive assessment, the interests and the physical, mental, and psychosocial well-being of each resident.

2. The activities program must be directed by a qualified professional who:

(i) Is a qualified therapeutic recreation specialist or an activities professional who:
(I) Is registered by the Alabama Department of Public Health; and

(II) Is eligible for certification as a therapeutic recreation specialist or as an activities professional by a recognized accrediting body on or after October 1, 1990; or

(III) Has 2 years of experience in a social or recreational program within the last 5 years, 1 of which was full-time in a resident activities program in a health care setting; or

(IV) Is a qualified occupational therapist or occupational therapy assistant; or

(V) Has completed a training course approved by the State.

(g) The program coordinator, if not qualified, must function under the supervision of a consultant to assure the activity program meets needs of residents until the coordinator is qualified.

1. Activities shall be planned at least one month in advance.

2. An activity calendar(s) shall be prominently displayed.

3. Participation records shall be maintained to reflect that activities have been conducted on a group and individual basis and by whom.

4. Participation records for bed-bound/bed-to-chair residents shall reflect the activities conducted, the response to those activities and who offered activities.