410 IAC 16.2-1.1-57 "Recreation area" defined

Authority: IC 16-28-1-7; IC 16-28-1-12 Affected: IC 16-28

Sec. 57. "Recreation area" means:

(1) an area where residents can enjoy fresh air, either inside or outside the facility, for example:
   (A) balcony;
   (B) porch;
   (C) patio;
   (D) courtyard; or
   (E) solarium; and

(2) an inside area used primarily for activities organized by the facility.

(Indiana State Department of Health; 410 IAC 16.2-1.1-57; filed Jan 21, 2003, 8:34 a.m.: 26 IR 1908, eff Mar 1, 2003; readopted filed May 22, 2007, 1:44 p.m.: 20070613-IR-410070141RFA) 410 IAC 16.2-3.1-3 Residents' rights

Authority: IC 16-28-1-7; IC 16-28-1-12

Affected: IC 16-28-5-1

(u) The resident has the right to the following:

(1) Choose activities, schedules, and health care consistent with his or her interests, assessments, and plans of care.

410 IAC 16.2-3.1-19 Environment and physical standards

Authority: IC 16-28-1-7; IC 16-28-1-12

Affected: IC 16-28-5-1

Sec. 19

...(w) Each facility shall have living areas with sufficient space to accommodate the dining, activity, and lounge needs of the residents and to prevent the interference of one (1) function with another as follows:

(1) In a facility licensed prior to June 1970, the lounge area, which may also be used for dining, shall be a minimum of ten (10) square feet per bed.
(2) In a facility licensed since June 1970, the total dining, activity, and lounge area shall be at least twenty (20) square feet per bed.

(3) For facilities for which construction plans are submitted for approval after 1984, the total area for resident dining, activity, and lounge purposes shall not be less than thirty (30) square feet per bed.

(4) Dining, lounge, and activity areas shall be:

(A) readily accessible to wheelchair and ambulatory residents; and

(B) sufficient in size to:

(i) accommodate necessary equipment; and

(ii) permit unobstructed movement of wheelchairs, residents, and personnel responsible for assisting, instructing, or supervising residents.

... (z) A comfortably furnished resident living and lounge area shall be provided on each resident occupied floor of a multistory building. This lounge may be furnished and maintained to accommodate activity and dining functions.

(aa) The provision of an activity area shall be based on the level of care of the residents housed in the facility. The facility shall provide the following:

(1) Equipment and supplies for independent and group activities and for residents having special needs.

(2) Space to store recreational equipment and supplies for the activities program within or convenient to the area.

(3) Locked storage for potentially dangerous items, such as scissors, knives, razor blades, or toxic materials.

... (cc) The facility must provide one (1) or more rooms designated for resident dining and activities. These rooms must:

(1) be well-lighted with artificial and natural lighting;

(2) be well-ventilated with nonsmoking areas identified;

(3) be adequately furnished with structurally sound furniture that accommodates residents’ needs, including those in wheelchairs; and

(4) have sufficient space to accommodate all activities.
Sec. 33.

(a) The facility must provide for an ongoing program of activities designed to meet, in accordance with the comprehensive assessment, the interests and the physical, mental, and psychosocial well-being of each resident.

(b) The facility shall have a plan of activities appropriate to the needs of the residents of that facility that include, but is not limited to, the following:

1. Group social activities.
2. Indoor and outdoor activities, which may include daily walks.
3. Activities away from the facility.
4. Spiritual programs and attendance at houses of worship.
5. Opportunity for resident involvement in planning and implementation of the activities program.
6. Creative activities, such as the following:
   A. Arts.
   B. Crafts.
   C. Music.
   D. Drama.
   E. Educational programs.
7. Exercise activities.
8. One (1) to one (1) attention.
9. Promotion of facility/community interaction.

(c) An activities program shall be provided on a daily basis, including evenings and weekends. At least thirty (30) minutes of staff time shall be provided per resident per week for activities duties. Participation shall be encouraged, although the final option remains with the resident.

(d) Responsibilities of the activities director shall include, but are not limited to, the following:

1. Preparing a monthly calendar of activities written in large print and posted in a prominent location that is visible to residents and visitors.
2. Assessing resident needs and developing resident activities goals for the written care plan.
3. Reviewing goals and progress notes.
4. Recruiting, training, and supervising volunteers when appropriate.
(5) Coordinating the activities program with other services in the facility.
(6) Requesting and maintaining equipment and supplies.
(7) Participation in developing a budget.

(e) The activities program must be directed by a qualified professional who:

(1) is a qualified therapeutic recreation specialist or an activities professional, who is eligible for certification as a therapeutic recreational specialist or an activities professional by a recognized accrediting body on or after October 1, 1990;

(2) has two (2) years of experience in a social or recreational program, approved by the department within the last five (5) years, one (1) of which was full time in a resident activities program in a health care setting;

(3) is a qualified occupational therapist or occupational therapy assistant; or

(4) has satisfactorily completed, or will complete within six (6) months, a ninety (90) hour training course approved by the division and has at least a high school diploma or its equivalent. Current employment as an activities director who completed an approved activities director course prior to the effective date of this rule shall be allowed to maintain a position as an activities director in health care facilities.

(f) After July 1, 1984, any person who has not completed an activities director course approved by the division and is assigned responsibility for the activities program shall receive consultation until the person has completed such a course. Consultation shall be provided by:

(1) a recreation therapist;

(2) an occupational therapist or occupational therapist assistant; or

(3) a person who has completed a division-approved course and has two (2) years' experience.

(g) For purposes of IC 16-28-5-1, a breach of:

(1) subsection (a) or (b) is a deficiency; and

(2) subsection (c), (d), (e), or (f) is a noncompliance.