7.9.2.62 ACTIVITIES:

A. PROGRAM:

(1) Every facility shall provide an activities program which meets the requirements of this section. The program may consist of any combination of activities provided by the facility and those provided by other community resources.

(2) The activities program shall be planned for group and individual activities, and shall be designed to meet the needs and interests of each resident and to be consistent with each resident’s plan of care.

B. STAFF:

(1) Definition: "Qualified activities coordinator" means, in a skilled nursing facility, a person who:

(a) Has a bachelor's degree in recreation therapy and is eligible for registration as a therapeutic recreation specialist with the National Therapeutic Recreation Society; or

(b) Is an occupational therapist or occupational therapy assistant who meets the requirements for certification by the American Occupational Therapy Association; or

(c) Has two (2) years of experience in a social or recreational program within the last five years, one year of which was full-time in a patient activities program in a health care setting; or

(d) Has completed a state approved program.

(e) In an intermediate care facility, a staff member who is qualified by experience or training in directing group activity.

(2) Supervision: The activity program shall be supervised by:

(a) A qualified activities coordinator; or

(b) An employee who receives at least monthly consultation from a qualified activities coordinator. [5-2-89; 7.9.2.62 NMAC – Rn, 7 NMAC 9.2.62, 8-31-00]

7.9.2.76 DINING, RECREATION AND ACTIVITY AREAS:

A. MULTI-PURPOSE SPACE: The facility shall provide one or more furnished multi-purpose areas of adequate size for dining, diversional, and social activities of residents.

B. LOUNGE: At least one dayroom or lounge, shall be provided for use of the residents.
C. SIZE OF DINING ROOMS: Dining rooms shall be of sufficient size to seat all residents at no more than two (2) shifts. Dining tables and chairs shall be provided. TV trays or portable card tables shall not be used as dining tables.

D. SPACE: If a multi-purpose room is used for dining and diversional and social activities of residents, there shall be sufficient space to accommodate all activities and minimize their interference with each other.

E. TOTAL AREA: The combined floor space of dining, recreation, and activity areas shall not be less than twenty-five (25) square feet per bed. Solaria and lobby sitting areas, exclusive of traffic areas, shall be categorized as living room space.

[7-1-60, 5-2-89; 7.9.2.76 NMAC – Rn, 7 NMAC 9.2.76, 8-31-00]

7.9.2.84 ADMINISTRATION AND ACTIVITY AREAS:

A. ADMINISTRATION AND RESIDENT ACTIVITY AREAS: Administration and resident activities areas shall be provided. The sizes of the various areas will depend upon the requirements of the facility. Some functions allotted separate spaces or rooms under Section 7.9.2.84B may be combined, provided that the resulting plan will not compromise acceptable standards of safety, medical and nursing practices, and the social needs of residents.

...C. Resident activities areas shall include:

(1) Occupational therapy.

(2) Physical therapy.

(3) Activity area; and

(4) Beauty and barber shop.

[5-2-89; 7.9.2.84 NMAC – Rn, 7 NMAC 9.2.84, 8-31-00]