NAC 449.74495  Development of program of activities. (NRS 449.037)

1. A facility for skilled nursing shall provide for each patient in the facility a program of activities that is developed in accordance with the comprehensive assessment of the patient conducted pursuant to NAC 449.74433.

2. The program of activities must be directed by a member of the staff who:

(a) Is a therapeutic recreational specialist or activities specialist and is eligible for certification by an organization for accrediting such specialists;

(b) Within the preceding 5 years, has at least 2 years of experience working in a social or recreational program, 1 year of which was as a full-time employee in a patient activities program in a health care setting;

(c) Is a licensed occupational therapist or occupational therapy assistant; or

(d) Has completed a course of training for directing programs of activities for patients in a health care setting.

(Added to NAC by Bd. of Health by R051-99, eff. 9-27-99)

NAC 449.74497  Daily activities of patient. (NRS 449.037)

1. Based on the comprehensive assessment of a patient conducted pursuant to NAC 449.74433, a facility for skilled nursing shall ensure that:

(a) The patient’s ability to carry out his daily activities does not diminish unless such diminution is unavoidable because of the medical condition of the patient;

(b) The patient receives the services and treatment needed to maintain or improve his ability to carry out his daily activities; and

(c) The patient receives the services needed to maintain his grooming and personal and oral hygiene, and to ensure good nutrition, if the patient is unable to carry out his daily activities.

2. As used in this section, “daily activities” includes, without limitation:

(a) Bathing, dressing and grooming oneself;
(b) The ability to be ambulatory;
(c) Using the toilet without assistance;
(d) Feeding oneself; and
(e) Using speech, language and other communication systems.

(Added to NAC by Bd. of Health by R051-99, eff. 9-27-99)
NAC 449.74499 Participation in activities. [NRS 449.037]

1. A facility for skilled nursing shall not prohibit a patient in the facility from:

   (a) Participating in activities and maintaining a schedule that are consistent with his interests, assessments and plan of care;
   (b) Making choices relating to his health care that are consistent with his plan of care;
   (c) Interacting with persons inside and outside of the facility;
   (d) Participating in social, religious and community activities that do not interfere with other patients in the facility; and
   (e) Making such other choices relating to his activities within the facility that are of significance to the patient.

2. A patient in a facility for skilled nursing may organize and participate in groups formed to interact with other patients in the facility and with the members of their families. A facility for skilled nursing shall provide a private area within the facility in which the members of such a group may meet.

3. A member of the staff of the facility or a visitor to the facility may attend a meeting of such a group if granted permission to do so by the members of the group.

4. A facility for skilled nursing shall designate a member of its staff to provide assistance for and respond to the requests of such a group.

5. The administrator of a facility for skilled nursing shall ensure that any grievances or recommendations submitted by the members of such a group relating to the operation of the facility are given consideration and acted upon appropriately.

(Added to NAC by Bd. of Health by R051-99, eff. 9-27-99)