Section 415.26 - Organization and administration

...(i) Admission Policies and Practices.
(1) The nursing home shall:

...(vii) provide to each resident or designated representative at the time of admission, a written copy of the following information and services which shall be considered as basic information and services to be made available to all residents:

...(l) activities program, including but not limited to a planned schedule of recreational, motivational, social and other activities, together with the necessary materials and supplies to make the resident's life more meaningful.

**Title:** Section 415.29 - Physical environment

(e) Dining and resident activities. The facility shall provide one or more rooms designated for resident dining and activities. These rooms shall:
(1) be well lighted;
(2) be well ventilated, with smoking areas identified;
(3) be adequately furnished; and
(4) have sufficient space to accommodate all activities

**Title:** Section 415.5 - Quality of life

...(b) Self-determination and participation. The resident shall have the right to:
(1) choose activities, schedules, and health care consistent with his or her interests, assessments and plans of care.
(f) Activities.
(1) The facility shall provide for an ongoing program of activities designed to meet, in accordance with the comprehensive resident assessment, the interests and the physical, mental and psychosocial well-being of each resident. The activities program shall:
(i) encourage the resident’s voluntary choice of activities and participation; and
(ii) promote and maintain the resident’s sense of usefulness to self and others, make his or her life more meaningful, stimulate and support the desire to use his or her physical and mental capabilities to the fullest extent and enable the resident to maintain a sense of usefulness and self-respect.

(2) The activities program shall be directed by a qualified professional who:
(i) is a qualified therapeutic recreation specialist who is eligible for certification as a therapeutic recreation specialist by a recognized accrediting body on or after August 1, 1989; or
(ii) has 2 years of experience in an age-appropriate social or recreational program within the last 5 years, 1 of which was full-time in a patient or resident activities program in a health care setting; or
(iii) is a qualified occupational therapist or occupational therapy assistant.

(3) The activities program director shall be responsible to the administrator or his or her designee for administration and organization of the activities program and shall:
(i) assist in the selection and evaluation of activities program staff and volunteers;
(ii) assign duties and supervise all activities staff and assigned volunteers;
(iii) ascertain, initially from the resident's attending physician, and on an ongoing basis from other appropriate professional staff, which residents are not permitted for specific documented medical reasons, to participate in certain activities;
(iv) develop and prepare with the resident and designated representative, as appropriate, a written plan for individual, group and independent activities in accordance with his or her needs, interests and capabilities, and in recognition of his or her mental and physical needs and interests, as well as education and experiences.
(v) incorporate the activities into the resident's interdisciplinary care plan;
(vi) periodically, and at least quarterly, review with the resident, designated representative and staff, as appropriate his or her activities program participation and revise the plan as necessary; (vii) coordinate and incorporate the activities program with the resident's schedule of other services through discussions with the interdisciplinary care team;
(viii) develop a monthly activities schedule based upon individual and group needs, interests and capabilities considering the special needs of residents including but not limited to dementias, physical handicaps, visual, hearing and speech deficiencies and wheelchair or bed restrictions;
(ix) post the current monthly activities schedule where it is accessible to residents and staff and can be easily read and provide a copy to residents upon request; and
(x) include in the resident's clinical record a quarterly assessment of the resident's degree of participation in, response to and benefit from the activities program.

(4) The facility shall:
(i) employ such additional qualified personnel responsible to the activities director, as are needed;
(ii) provide a planned program to include individual, group and independent programs for all residents at various times of the day and evening seven days of the week;
(iii) provide safe and adequate space and an adequate number and variety of equipment and supplies for the conduct of the on-going program; and
(iv) develop, facilitate access and implement programs to encourage residents to establish and maintain community contacts.