RULE §19.310 Site and Grounds

... (b) Outdoor activity, recreational, and sitting spaces must be provided for residents as space permits.

RULE §19.332 Location and Site

...(f) Outdoor activity, recreational, and sitting spaces must be provided and appropriately designed, landscaped, and equipped. Some shaded and/or covered outside areas are needed. These areas must be designed to accommodate residents in wheelchairs.

RULE §19.701 Quality of Life

...(2) Self-determination and participation. The resident has the right to:

   (A) choose activities, schedules, and health care consistent with the resident’s interests, assessments, and plans of care; interact with members of the community both inside and outside of the facility; and make choices about aspects of the resident’s life in the facility that are significant to the resident.

RULE §19.702 Activities

(a) The facility must provide for an ongoing program of activities designed to meet, in accordance with the comprehensive assessment, the interest and the physical, mental, and psychosocial well-being of each resident.

(b) The activities program must be directed by a qualified professional who:

   (1) is a qualified therapeutic recreation specialist or an activities professional who is:

      (A) licensed or registered, if applicable, by the state in which practicing; and

      (B) eligible for certification as a therapeutic recreation specialist, therapeutic recreation assistant, or an activities professional by a recognized accrediting body, such as the National Council for Therapeutic Recreation Certification, on October 1, 1990; or

   (2) has two years of experience in a social or recreational program within the last five years, one of which was full-time in a patient activities program in a health care setting; or

   (3) is a qualified occupational therapist or occupational therapy assistant; or

   (4) has completed an activity director training course approved by any state. The Texas Department of Human Services (DHS) does not review or approve any courses. DHS accepts training courses approved by a recognized credentialing body, such as the National Certification Council for Activity Professionals, the National Therapeutic Recreation Society, or the Consortium for Therapeutic Recreation/Activities Certification, Inc.
(c) Activity directors must complete eight hours of approved continuing education or equivalent continuing education units each year. Approval bodies include organizations or associations recognized as such by certified therapeutic recreation specialists or certified activity professionals or registered occupational therapists.

(d) The facility must ensure that activities assessment and care planning are completed and reviewed or updated as provided in §19.801 and §19.802 of this title (relating to Resident Assessment and Comprehensive Care Plans). If indicated by the Resident Assessment Instrument (RAI) and/or the resident’s need, an in-depth activities assessment is required.

(e) Toys and recreational equipment for pediatric residents must be appropriate for the size, age, and developmental level of the residents.

Source Note: The provisions of this §19.702 adopted to be effective May 1, 1995, 20 TexReg 2393; amended to be effective April 1, 2001, 26 TexReg 2407

2208 Standards for Certified Alzheimer’s Facilities

(a) General requirements.

... (4) Activity and recreational programs will be provided and utilized to the maximum extent possible for all residents in order to promote physical well being and help with behavior management. The program must be tailored to the individual resident’s needs, being appropriate for his specific impairment and stage of disease.

... (6) Access to outdoor areas must be provided and such areas must have suitable walls or fencing that do not allow climbing or present a hazard.