12VAC5-371-280. Resident activities.

A. The nursing facility shall provide activities, on a regularly scheduled basis, specifically suited to the needs and interests of each resident based on the resident's comprehensive plan of care.

B. There shall be at least one staff member responsible for coordinating resident activities. The individual shall meet at least one of the following qualifications:

1. Be a qualified therapeutic recreation specialist or an activities professional;
2. Be eligible for certification as a therapeutic recreation specialist or activities professional by a recognized accrediting body;
3. Have one year full-time experience, within the last five years, in a patient activities program in a health care setting;
4. Be a qualified occupational therapist or occupational therapy assistant; or
5. Have completed 40 hours training in group activities and recognizing and assessing the activity needs of residents.

C. The activities coordinator shall assess each resident and participate in the development and implementation of the comprehensive plan of care.

D. The activities program shall make the fullest possible use of community social and recreational opportunities, including the involvement of volunteers and community groups.

E. Documentation of activities shall be included in the resident's clinical record.

12VAC5-371-540. Resident recreation.

A. A total of 10 square feet per bed with a minimum of not less than 225 square feet shall be provided.

B. In multi-story buildings, a minimum of 225 square feet shall be provided on each floor.

C. Storage space shall be provided for equipment and supplies.

D. Nursing facilities with outpatient day care programs shall provide additional recreational space. Day care space will not infringe upon inpatient services.

E. Recreation rooms, exercise rooms, and similar spaces where impact noises may be generated shall not be located directly over resident bed areas, unless special provisions are made to minimize such noise.

Statutory Authority

§§32.1-12 and 32.1-127 of the Code of Virginia.
Historical Notes

Derived from Virginia Register Volume 13, Issue 17, eff. July 1, 1997.