NAC 449.74469 Standards of care. (NRS 449.037) A facility for skilled nursing shall provide to each patient in the facility the services and treatment that are necessary to attain and maintain the patient’s highest practicable physical, mental and psychosocial well-being, in accordance with the comprehensive assessment conducted pursuant to NAC 449.74433 and the plan of care developed pursuant to NAC 449.74439. (Added to NAC by Bd. of Health by R051-99, eff. 9-27-99)

NAC 449.74471 Administration of drugs. (NRS 449.037)

1. A facility for skilled nursing shall not administer a drug to a patient in the facility:
   (a) In excessive doses, including duplicate drug therapy;
   (b) For an excessive duration;
   (c) Without monitoring the patient properly;
   (d) Without adequate indications for the use of the drug; or
   (e) If there are any adverse reactions which indicate that the dosage should be reduced or discontinued.

2. Based on the comprehensive assessment of a patient conducted pursuant to NAC 449.74433, a facility for skilled nursing shall ensure that a patient who:
   (a) Has not used an antipsychotic drug is not given such a drug unless it is required to treat a condition of the patient that has been diagnosed and documented in the medical record of the patient.
   (b) Uses an antipsychotic drug receives gradual reductions in the dosage, in conjunction with behavioral intervention, in an attempt to discontinue the use of the drug, unless the medical condition of the patient requires otherwise.

3. A facility for skilled nursing shall ensure that patients are not subjected to significant errors in their medication and that the rate of error in the administration of medication is less than 5 percent.

4. A facility for skilled nursing shall not prohibit a patient from administering medication to himself if the interdisciplinary team responsible for the care of the patient determines that this practice is safe.

(Added to NAC by Bd. of Health by R051-99, eff. 9-27-99)
NAC 449.74475 Vision and hearing.

(NRS 449.037 )

A facility for skilled nursing shall:

1. Ensure that each patient in the facility receives proper treatment and devices for his vision and hearing.

2. Assist a patient, if necessary, in making appointments for the treatment of his vision and hearing.

3. If necessary, arrange transportation for a patient to visit a practitioner for the treatment of his vision or hearing or to obtain devices needed for his vision or hearing.

(Added to NAC by Bd. of Health by R051-99, eff. 9-27-99)

NAC 449.74477 Pressure sores. (NRS 449.037 )

Based on the comprehensive assessment of a patient conducted pursuant to NAC 449.74433, a facility for skilled nursing shall ensure that a patient:

1. Who is admitted to the facility without pressure sores does not develop pressure sores unless the development of pressure sores is unavoidable because of the medical condition of the patient; 2. With pressure sores receives the services and treatment needed to promote healing, prevent infection and prevent new sores from developing.

(Added to NAC by Bd. of Health by R051-99, eff. 9-27-99)

NAC 449.74479 Urinary problems. (NRS 449.037 ) Based on the comprehensive assessment of a patient conducted pursuant to NAC 449.74433, a facility for skilled nursing shall ensure that a patient:

1. Who is admitted to the facility without an indwelling catheter is not required to use a catheter unless catheterization is unavoidable because of the medical condition of the patient; and

2. Who is incontinent receives the services and treatment needed to prevent the infection of his urinary tract and restore the normal function of his bladder.

(Added to NAC by Bd. of Health by R051-99, eff. 9-27-99)

NAC 449.74479 Urinary problems. (NRS 449.037 ) Based on the comprehensive assessment of a patient conducted pursuant to NAC 449.74433, a facility for skilled nursing shall ensure that a patient:
1. Who is admitted to the facility without an indwelling catheter is not required to use a catheter unless catheterization is unavoidable because of the medical condition of the patient; and

2. Who is incontinent receives the services and treatment needed to prevent the infection of his urinary tract and restore the normal function of his bladder.

(Added to NAC by Bd. of Health by R051-99, eff. 9-27-99)

NAC 449.74481 Range of motion. (NRS 449.037 )

Based on the comprehensive assessment of a patient conducted pursuant to NAC 449.74433, a facility for skilled nursing shall ensure that:

1. The range of motion of a patient admitted to the facility is not reduced unless the reduction is unavoidable because of the medical condition of the patient; and

2. A patient with a limited range of motion receives the services and treatment needed to increase his range of motion and to prevent any further loss in his range of motion.

(Added to NAC by Bd. of Health by R051-99, eff. 9-27-99)

NAC 449.74483 Mental or psychosocial behavior. (NRS 449.037 )

Based on the comprehensive assessment of a patient conducted pursuant to NAC 449.74433, a facility for skilled nursing shall ensure that a patient:

1. Who is having difficulty adjusting to his environment and is exhibiting abnormal mental or psychosocial behavior receives the services and treatment needed to correct the assessed problem; and

2. Whose assessment does not indicate any difficulty adjusting to his environment or abnormal mental or psychosocial behavior does not become withdrawn, angry or depressed or decrease his social interaction unless such behavior is unavoidable because of the medical condition of the patient. (Added to NAC by Bd. of Health by R051-99, eff. 9-27-99)

NAC 449.74485 Nasogastric tubes. (NRS 449.037 )

Based on the comprehensive assessment of a patient conducted pursuant to NAC 449.74433, a facility for skilled nursing shall ensure that a patient who is:

1. Able to feed himself with or without assistance is not fed with a nasogastric tube unless a nasogastric tube is unavoidable because of the medical condition of the patient; and

2. Fed with a nasogastric tube receives the services and treatment needed to:
(a) Prevent aspiration pneumonia, diarrhea, vomiting, dehydration, metabolic abnormalities and nasal-pharyngeal ulcers; and

(b) Restore, if possible, normal eating skills.

(Added to NAC by Bd. of Health by R051-99, eff. 9-27-99)

NAC 449.74487 Nutritional health; hydration. (NRS 449.037 )

1. Based on the comprehensive assessment of a patient conducted pursuant to NAC 449.74433 , a facility for skilled nursing shall ensure that:

(a) The nutritional health of the patient is maintained, including, without limitation, the maintenance of his weight and levels of protein, unless the nutritional health of the patient cannot be maintained because of his medical condition.

(b) The patient receives a therapeutic diet if such a diet is required by the patient.2. A facility for skilled nursing shall provide each patient in the facility with sufficient fluids to maintain proper hydration and health.

(Added to NAC by Bd. of Health by R051-99, eff. 9-27-99)

NAC 449.74497 Daily activities of patient. (NRS 449.037 )

1. Based on the comprehensive assessment of a patient conducted pursuant to NAC 449.74433 , a facility for skilled nursing shall ensure that:

(a) The patient’s ability to carry out his daily activities does not diminish unless such diminution is unavoidable because of the medical condition of the patient;

(b) The patient receives the services and treatment needed to maintain or improve his ability to carry out his daily activities; and

(c) The patient receives the services needed to maintain his grooming and personal and oral hygiene, and to ensure good nutrition, if the patient is unable to carry out his daily activities.

2. As used in this section, “daily activities” includes, without limitation:

(a) Bathing, dressing and grooming oneself;

(b) The ability to be ambulatory;

(c) Using the toilet without assistance;

(d) Feeding oneself; and (e) Using speech, language and other communication systems.

(Added to NAC by Bd. of Health by R051-99, eff. 9-27-99)
NAC 449.74537 Special services. (NRS 449.037)

A facility for skilled nursing shall ensure that a patient in the facility receives the following special services if needed:

1. Injections.
2. Parenteral and enteral fluids.
3. Colostomy, ureterostomy and ileostomy care.
4. Tracheostomy care.
5. Tracheal suctioning.
6. Respiratory care.
7. Foot care.
8. Prostheses.

(Added to NAC by Bd. of Health by R051-99, eff. 9-27-99)

NAC 449.74539 General requirements. (NRS 449.037)

A facility for skilled nursing shall:

1. Provide a safe, functional, sanitary and comfortable environment for the patients in the facility, the members of its staff and members of the general public;

...3. Ensure that the environment of the facility is free of hazards that would cause accidents;

4. Ensure that each patient in the facility receives adequate supervision and devices to prevent accidents