119 REQUIREMENTS FOR ADMISSION

119.01 Physical Examination Required. Each resident shall be given a complete physical examination 30 days prior to admission and annually thereafter, including a history of tuberculosis exposure and an assessment for signs and symptoms of tuberculosis, by a licensed physician or nurse practitioner. The findings shall be entered as part of the Admission Record. The report of the examination shall include:

1. Medical history (previous illnesses, drug reaction, emotional reactions, etc.).
2. Major physical and mental condition.
4. Orders, dated and signed, by a physician or nurse practitioner for the immediate care of the resident to include medication treatment, activities, and diet.

102 ASSESSMENT AND INDIVIDUAL CARE PLANS [ALZHEIMER’S DISEASE/DEMENTIA CARE UNIT]

102.01 Assessments. Prior to admission to the A/D Unit, each individual shall receive a medical examination and assessment from a licensed physician or nurse practitioner. In addition, prior to admission, each individual shall be assessed by a licensed practitioner whose scope of practice includes assessment of cognitive, functional, and social abilities, and nutritional needs. These assessments shall include the individual’s family supports, level of activities of daily living functioning and level of behavioral impairment. The functional assessment shall demonstrate that the individual is appropriate for placement.

102.02 Care Plans. Individual care plans shall be developed by the staff for each resident.

102.03 Family Involvement. Whenever possible and appropriate, the family shall be involved in the development of a resident’s care plan. The family shall be provided with information regarding social services, such as support groups for families and friends. A designated family member shall be notified in a timely manner of care plan sessions. Documentation of such notification shall be kept by the licensed facility.

102.04 Review of Care Plans. Each care plan and functional assessment, developed upon admission to determine the resident’s appropriateness for placement, shall be reviewed, evaluated for its effectiveness, and updated at least quarterly or more frequently if indicated by changing needs of the resident.

105 NUTRITIONAL SERVICES [Alzheimer’s Disease/Dementia Care Unit]

105.01 Nutritional Services. A nutritional assessment shall be completed for each resident. If the nutritional assessment identifies therapeutic nutritional needs, or is ordered by the resident’s physician, a registered dietician shall assess and plan a diet for the resident’s nutritional needs.