108. ENVIRONMENTAL SANITATION.

01. Water Supply. An approved public or municipal water supply shall be used wherever available. (1-1-88)

a. In areas where an approved public or municipal water supply is not available, a private water supply shall be provided, and it shall meet the standards approved by the Department. (1-1-88)

b. If water is from a private supply, water samples shall be submitted to the Department through the district public health laboratory for bacteriological examination at least once every three (3) months. Monthly bacteriological examinations are recommended. Copies of the laboratory reports shall be kept on file in the facility by the administrator. (1-1-88)

c. There shall be a sufficient amount of water under adequate pressure to meet the sanitary requirements of the facility at all times. (1-1-88)

02. Sewage Disposal. All sewage and liquid wastes shall be discharged into a municipal sewerage system where such a system is available. Where a municipal sewerage system is not available, sewage and liquid wastes shall be collected, treated, and disposed of in a manner approved by the Department. (1-1-88). The premises and all buildings used as facilities shall be kept free from accumulation of weeds, trash and rubbish. Material not directly related to the maintenance and operation of the facility shall not be stored on the premises. (1-1-88)

a. All containers used for storage of garbage and refuse shall be constructed of durable, nonabsorbent material and shall not leak or absorb liquids. Containers shall be provided with tight-fitting lids unless stored in vermin-proof rooms or enclosures, or in a waste refrigerator. (1-1-88)

b. Garbage containers stored outside the facility shall be stored on a concrete slab or on a rack which is at least twelve (12) inches above the ground. Dumpsters are acceptable. (1-1-88)

c. Garbage containers shall be maintained in a sanitary manner. Sufficient containers shall be afforded to hold all garbage and refuse which accumulates between periods of removal from the premises. Storage areas shall be clean and sanitary. (1-1-88)

04. Insect and Rodent Control. A pest control program shall be in effect at all times. This program shall effectively prevent insects, rodents and other pests from entrance to, or infestation of, the facility. (1-1-88)

a. The premises shall also be included in the pest control program to prevent feeding, reproduction, or harborage of pests. (1-1-88)

b. Chemicals (pesticides) used in the control program shall be selected, used, and stored in the following manner: (1-1-88)

i. The chemical shall be selected on the basis of the pest involved and used only in the manner described by the manufacturer, who shall be registered with the Idaho Department of Agriculture. (1-1-88)

ii. All toxic chemicals shall be properly labeled and stored under lock and key. (1-1-88)
iii. No toxic chemicals shall be stored in patient/resident areas, with drugs, or in any area where food is stored, prepared, or served. (1-1-88)

iv. The storage and use of pesticides shall be in accordance with local, state or federal directives. (1-1-88)

05. Incineration or Disposal of Infectious or Potentially Hazardous Material.
Adequate incineration facilities shall be provided to dispose of contaminated dressings and other potentially hazardous materials. Incinerators shall be properly maintained and shall comply with all applicable codes and ordinances. (1-1-88)

a. Where sanitary landfills are available and where such operations are in compliance with the Department rules and have been authorized and approved by that agency or its authorized representatives, such contaminated material may be disposed of with garbage provided that such material is properly packaged. (1-1-88)

b. Radioactive pharmaceutical wastes shall be disposed of in accordance with regulations governing radioactive materials. (1-1-88)

06. Linen-Laundry Facilities. (7-1-93)

a. The facility shall have available at all times a quantity of linen essential to the proper care and comfort of patients/residents. Linens shall be handled, processed and stored in a manner that prevents contamination and the transmission of infections. (1-1-88)

i. Adequate facilities and procedures shall be provided for the proper and sanitary washing of linen and other washable goods laundered in the facility. (1-1-88)

ii. The laundry shall be situated in an area separate and apart from any facility or room where food is stored, prepared, or served. (1-1-88)

iii. The laundry shall be well lighted and ventilated, adequate in size for the needs of the facility, maintained in a sanitary manner, and kept in good repair. (1-1-88)

iv. If other laundry facilities are utilized, they must meet the requirements set forth in these rules. (1-1-88)

b. Handling of Soiled Linen. (7-1-93)

i. Soiled linen shall not be transported through patient/resident rooms, kitchens, food preparation or storage areas. Soiled linen shall not be sorted, processed, or stored in these areas. (1-1-88)

ii. All soiled linen shall be collected and transported to the laundry in covered, washable containers in a sanitary manner. (1-1-88)

iii. Soiled linen shall be handled and stored in such a manner as to prevent contamination of clean linen. (1-1-88)
iv. Facilities used to collect, transport, and store soiled linen shall be stored in separate, ventilated areas and shall not be permitted to accumulate in the facility. Soiled linen and clothing shall be collected separately in suitable bags or containers. (1-1-88)

c. Handling of Clean Linen. (7-1-93)

i. Clean linen to be stored, dried, ironed, or sorted shall be handled in a sanitary manner. Clean linen and clothing shall be stored in a clean, dry, dust-free area easily accessible to the residential living area. (1-1-88)

ii. Clean linen shall be transported, stored, and distributed in a sanitary manner. (1-1-88)

iii. Closets conveniently located shall be provided on each floor or wing for the storage of clean linen and shall not be used for any other purpose. (1-1-88)

d. Personal Laundry. Patients'/residents’ and employees’ laundry shall be collected, transported, sorted, washed, and dried in a sanitary manner and shall not be washed with bed linens. Patients'/residents’ clothing shall be labeled to ensure proper return to the owner. (1-1-88)

07. Housekeeping Services and Equipment. Sufficient housekeeping and maintenance personnel and equipment shall be provided to maintain the interior and exterior of the facility in a safe, clean, orderly and attractive manner. (1-1-88)

a. Floors, walls, ceilings, and other interior surfaces, equipment and furnishing shall be kept clean, and shall be cleaned in a sanitary manner. (1-1-88)

b. Procedures for cleaning of surfaces and equipment shall be written, explained, and posted for all housekeeping personnel. (1-1-88)

i. Mopping, vacuuming, and dusting shall be done in a manner which is most likely to prevent the transmission of infection. (1-1-88)

ii. After discharge of a patient/resident, the room shall be thoroughly cleaned, including the bed, bedding, and furnishings. (1-1-88)

iii. Deodorizers shall not be used to cover odors caused by poor housekeeping or unsanitary conditions. (1-1-88)

iv. Storage areas, attics, basements, and grounds shall be kept free from refuse, litter, weeds, or other items detrimental to the health, safety or welfare of the patients/residents. (1-1-88)

v. All housekeeping equipment shall be in good repair and maintained in a clean and sanitary manner. (1-1-88)

08. General Care and Cleaning of Equipment. Bedpans, urinals, and commodes shall be emptied promptly and thoroughly cleaned after each use and shall be kept covered at all times when not in use. (1-1-88)
a. Following the discharge of any patient/resident, all equipment shall be thoroughly cleansed and disinfected. (1-1-88)

b. Utensils such as bedpans, urinals, washbasins, emesis basins, soap basins, etc., shall be sterilized or disinfected by one (1) of the following methods: (1-1-88)

i. Submersion of utensil in boiling water and boiling for twenty (20) minutes after it has been thoroughly cleansed; (1-1-88)

ii. Autoclaving at fifteen (15) pounds at two hundred fifty degrees Fahrenheit (250F) for fifteen (15) to twenty (20) minutes in an approved autoclave; or (1-1-88)

iii. After thorough cleaning, the item of equipment shall be submerged in a solution containing an approved germicide, in such strength and for such time as recommended by the manufacturer. Quarternary ammonium compounds are not approved as germicides for this purpose. (1-1-88)

c. Thermometers shall be thoroughly cleansed with liquid soap or detergent and water. This procedure shall be repeated with clean washing solution. After thorough rinsing, the thermometer shall be placed in a solution of seventy percent (70%) alcohol for at least ten (10) minutes unless a barrier sheath was covering the thermometer during use.