301. RESPITE CARE SERVICES.
If the SNF or ICF offers respite care to relieve families or other individuals, there shall be policies and procedures written and implemented regarding the program. (1-1-88)

01. Admissions. Respite care patients/residents shall be admitted to the facility in the same manner as any other admission which includes, but is not limited to: (1-1-88)

a. Authorization by a physician. (1-1-88)

b. Current medical and other information sufficient to allow the facility to safely care for the patient/resident. (1-1-88)

c. Medication and treatment orders signed and dated by the patient’s/resident’s attending physician. (1-1-88)

02. Limitations. No patient/resident shall be considered as respite care when the stay at the facility is not for purposes of relief for other care givers or families and which exceeds a four (4) week period of time. Variances may be granted by the Department on a case-by-case basis. (1-1-88)

03. Records. Records shall be maintained for all respite care patients/residents which shall include at least the following: (1-1-88)

a. Medical information sufficient to care for the patient/resident submitted by the attending physician. (1-1-88)

b. Signed and dated physician’s orders for care, including diet, medications, treatments and any physical activity limitations. (1-1-88)

c. Nursing and other notes by staff caring for the patient/resident. (1-1-88)

d. Medication administration record. (1-1-88)

e. Pertinent patient/resident data information such as name, address, next of kin, who to call in an emergency, name of physician, etc. (1-1-88)

04. Exceptions. Due to the short length of stay, certain documents and actions provided to and required for other in-house non respite care patients/residents are not required for respite care patients/residents. Allowances to be considered are as follows: (1-1-88)

a. A complete history and physical examination by the physician is not required so long as he provides the facility with sufficient information to care for the patient/resident. (1-1-88)

b. Physician visits are required only if the patient/resident needs such a visit due to illness or injury or if the patient/resident exceeds the definition of respite care and remains in the facility beyond a four (4) week period of time. (1-1-88)

c. The patient/resident care plan may be limited to include care and services to be provided during his stay and short and long term goals are not necessary. (1-1-88)
d. Activity assessments and plans are not necessary so long as any activity limitations are known and recorded on the patient's/resident's plan of care. (1-1-88)