

**§ 483.160 Requirements for training of paid feeding assistants.**

(a) Minimum training course contents. A State-approved training course for paid feeding assistants must include, at a minimum, 8 hours of training in the following:

- (1) Feeding techniques.
  - (2) Assistance with feeding and hydration.
  - (3) Communication and interpersonal skills.
  - (4) Appropriate responses to resident behavior.
  - (5) Safety and emergency procedures, including the Heimlich maneuver.
  - (6) Infection control.
  - (7) Resident rights.
  - (8) Recognizing changes in residents that are inconsistent with their normal behavior and the importance of reporting those changes to the supervisory nurse.
- (b) Maintenance of records. A facility must maintain a record of all individuals, used by the facility as feeding assistants, who have successfully completed the training course for paid feeding assistants.

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