

NORTH DAKOTA

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33-07-03.2-16.Dietary services.

Dietary services must include:

...4. At least three meals or the equivalent must be served daily, at regular times.

a. There must be no more than a fourteen-hour span between a substantial evening meal and breakfast unless a nourishing snack is provided at bedtime. Up to sixteen hours may elapse between a substantial evening meal and breakfast the following day if the residents agree to this meal span and a nourishing evening snack is served.

... c. Snacks must be offered at bedtime daily.