

NEW JERSEY

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8:39-17.2 Mandatory policies and procedures for dietary services

...(f) Meals shall be scheduled in such a way that no more than 14 hours elapse between a substantial evening meal and breakfast the next morning. The first meal shall not be served before 7:00 A.M. unless requested by the resident.

1. Up to 16 hours may elapse between a substantial evening meal and breakfast the following day if the following conditions are met:

- i. A resident group agrees to this meal span; and
- ii. A nourishing bedtime snack is served.

8:39-17.4 Mandatory resident dietary services

...(b) The facility shall provide between-meal and bedtime nourishment, and beverages shall be available at all times for each resident unless contraindicated by a physician, as documented in the resident's medical record. 8:39-

18.4 Advisory resident dietary services

...(d) Residents have access to a refrigerator or snack bar.