

## WASHINGTON

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388-97-1120 Meal provision.

The nursing home must:

(1) Provide a minimum of three meals in each twenty-four period, at regular times similar to normal meal times in the community.

...3) Make reasonable efforts to:

a) Accommodate individual mealtime preferences and portion sizes, as well as preferences for between meal and evening snacks when not medically contraindicated;

b) Offer a late breakfast or an alternative to the regular breakfast for late risers.

74.42.290 Meal intervals — Food handling — Utensils — Disposal.

(1) The facility shall serve at least three meals, or their equivalent, daily at regular times with not more than fourteen hours between a substantial evening meal and breakfast on the following day and not less than ten hours between breakfast and a substantial evening meal on the same day.