

WEST VIRGINIA

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8.15. Dietary Services

8.15.f. Frequency of meals.

8.15.f.1. A nursing home shall provide at least three (3) meals daily at regular times, or in accordance with residents' preferences and customary routines.

8.15.f.2. No more than fourteen (14) hours shall elapse between a substantial evening meal and breakfast the following day.

8.15.f.2.A. Breakfast shall not be served before 7:00 A.M., unless by a residents request.

8.15.f.3. A nursing home shall offer a nourishing snack at bedtime daily, as determined by the residents needs.

8.15.f.3.A. The amount of the snacks consumed by the resident shall be recorded in the resident's medical record.