

# IDAHO

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## Resident Bedroom

**05. Patient/Resident Accommodations.** Accommodations for the patients/residents of the facility shall include the following: (1-1-88)

- a. Each patient/resident room shall be an outside room. (1-1-88)
- b. Not more than four (4) patients/residents can be housed in any multi-bed sleeping room. (1-1-88)
- c. Every patient/resident sleeping room shall be provided with a window as follows: (1-1-88)
  - i. It shall be equal to at least one-eighth (1/8) of the floor area. (1-1-88)
  - ii. It shall be openable to obtain fresh air. (1-1-88)
  - iii. It shall be provided with curtains, drapes or shades. (1-1-88)
  - iv. It shall be so located as to permit the patient/resident a view from a sitting position. (1-1-88)
  - v. It shall have screening.
- d. No patient/resident room can be located: (1-1-88)
  - i. In such a way that its outside walls are below grade. (1-1-88)
  - ii. In an attic, trailer house or in any room other than an approved room. (1-1-88)
  - iii. So it can be reached only by passing through another individual's room, a utility room or any other room. (1-1-88)
  - iv. So it opens into any room in which food is prepared or stored. (1-1-88)
- e. Patient/resident rooms shall be of sufficient size to allow not less than eighty (80) square feet of usable floor space per patient/resident in multiple-bed rooms. Private rooms shall have not less than one hundred (100) square feet of usable floor space. (1-1-88)
- f. Patient/resident beds shall not be placed in hallways or in any location commonly used for other than bedroom purposes. (1-1-88)
- g. Rooms shall be of dimensions which allow not less than three (3) feet between beds and two (2) feet of space between the bed and side wall. (1-1-88)
- h. Ceiling heights in patients/resident rooms shall be a minimum of seven (7) feet, six (6) inches. (1-1-88)
- i. Closet space in each sleeping room shall be twenty (20) inches by twenty-two (22) inches per patient/resident. Common closets utilized by two (2) or more patients/residents shall be provided with substantial dividers for separation of each patient's/resident's clothing for prevention of cross contamination. All closets shall be equipped with doors. Freestanding closets shall be deducted from the square footage in the sleeping room. (1-1-88)
- j. Every health care facility shall provide a living room or recreation room for the sole use of the patients/residents. Under no circumstances may these rooms be used as bedrooms by patients/residents or personnel. A hall or entry is not acceptable as a living room or recreation room. (1-1-88)
- k. All patient/resident rooms shall be numbered. All other rooms shall be numbered or identified as to purpose. (1-1-88)
- m. Patients/residents of the opposite sex shall not be housed in the same bedroom or ward, except in cases of husband and wife.

**01. Furnishings -- Patient/Resident Living Rooms and Bedrooms.** Living rooms for patients'/residents' use shall be provided with a sufficient number of reading lamps, tables, chairs, or sofas of satisfactory design for age and condition of the patients/residents. (1-1-88)

- a. Each patient/resident shall be provided with his own bed which shall be at least thirty-six (36) inches wide, have a head and a footboard, be substantially constructed, and in good repair. Bedrails shall be provided when needed. Roll-away type beds, cots, folding beds, double beds, or hollywood-type beds shall not be used. Adjustable-height beds are recommended. (1-1-88)
- b. Each bed shall be provided with satisfactory type springs in good repair and a clean, comfortable mattress at least five (5) inches thick (four (4) inches if of foam rubber construction and four and one-half (4-1/2) inches if of innerspring type) and standard in size for the bed. (12-31-91)
- c. Each patient/resident shall be provided with an individual rack with towel and washcloth. (1-1-88)
- d. In addition to basic patient/resident care equipment, each patient/resident shall be provided an individual reading light, bedside cabinet with drawer, comfortable chair, and storage space for clothing and other possessions. (1-1-88)
- e. Each patient/resident shall be provided with a cup and a covered pitcher of fresh water (or the equivalent) at the bedside if the patient/resident needs assistance to ambulate but is able to drink without assistance. (1-1-88)

### **Toilet Area**

- p. Toilet rooms, tub/shower rooms and handwashing facilities shall be constructed as follows:(1-1-88)
  - i. Toilet rooms and bathrooms for patients/residents and personnel shall not open directly into any room in which food, drink, or utensils are handled or stored. (1-1-88)
  - ii. Toilet and bathrooms shall be separated from all other rooms by solid walls or partitions. (1-1-88)
  - iii. On floors where wheelchair patients/residents are housed, there shall be at least one (1) toilet and one (1) bathing facility large enough to accommodate wheelchairs. (1-1-88)
  - iv. All inside bathrooms and toilet rooms shall have forced ventilation to the outside. (1-1-88)
  - v. Toilet rooms for patient/resident use shall be so arranged that it is not necessary for an individual to pass through or into another patient's/resident's room to reach the toilet facilities. (1-1-88)
  - vi. Handrails and/or grab bars shall be provided in patient/resident toilet rooms and bathrooms and shall be located so as to be functionally adequate. (1-1-88)
  - vii. On each patient/resident floor or nursing unit there shall be at least one (1) tub or shower for every twelve (12) licensed beds; one (1) toilet for every eight (8) licensed beds; and one (1) lavatory with mirror for every eight (8) licensed beds. Tubs, showers, and lavatories shall be connected to hot and cold running water. (1-1-88)

### **New Construction: Room and Bath**

- 05. Patient/Resident Care Unit.** Each patient/resident care unit shall be in compliance with the following: (1-1-88)
- a. The number of beds in a unit shall not exceed sixty (60); (1-1-88)
  - b. At least eighty percent (80%) of the beds shall be located in rooms designed for one (1) or two (2) patients/residents; (1-1-88)
  - c. At least one (1) room in each facility shall be available for single occupancy for isolation of disease or for privacy in personality conflict or disruptive patient/resident situations. Each isolation room shall meet the following requirements: (1-1-88)
    - i. All features of regular patient/resident rooms, as described in Subsection 121.05.d.; (12-31-91)
    - ii. Supply an entry area which is adequate for gowning; (1-1-88)
    - iii. Supply a handwashing lavatory in or directly adjacent to the patient/resident room entry; (1-1-88)
    - iv. Provide a private toilet; (1-1-88)

v. Have finishes easily cleanable; and (1-1-88)

vi. Not be carpeted; (1-1-88)

**d.** Each patient/resident room shall meet the following requirements: (1-1-88)

i. Maximum room capacity of four (4) patients/residents; (1-1-88)

ii. Minimum room area, exclusive of toilet rooms, closets, lockers, wardrobes, alcoves or vestibules shall be one hundred (100) square feet in single-bed rooms and eighty (80) square feet in multiple bed rooms per patient/resident; (1-1-88)

iii. Multiple bed rooms shall be designed to permit no more than two (2) beds side by side, parallel to the window wall; (1-1-88)

iv. Beds in all rooms shall be placed so that they are three (3) feet apart; two (2) feet away from the side wall parallel with beds and three (3) feet, six (6) inches from the end of the bed to the opposite wall, or other obstructions; (1-1-88)

v. A lavatory shall be provided in each patient/resident room. The lavatory may be omitted from a single-bed or two (2) bed room when a lavatory is located in an adjoining toilet room which serves that room only; (1-1-88)

vi. Each patient/resident shall have access to a toilet room without entering the general corridor area. One (1) toilet room shall serve no more than four (4) beds, and no more than two (2) patient/resident rooms. The toilet room shall contain a water closet and a lavatory. The lavatory may be omitted from a toilet room if each patient/resident room served by that toilet room contains a lavatory; (1-1-88)

vii. Each patient/resident shall be provided, within the room, a wardrobe, locker or closet with a minimum of four (4) square feet. Common closets are not permitted. An adjustable clothes rod and adjustable shelf shall be provided; (1-1-88)

viii. Each patient/resident room cannot be located more than one hundred twenty (120) feet from the soiled workroom or the soiled holding room; (1-1-88)

ix. Each room shall have a window which can be opened without the use of tools. The window sill must not be higher than three (3) feet above the floor and shall be above grade. The window shall be at least one-eighth (1/8) of the floor area and shall be provided with shades or drapes; (1-1-88)

x. Cubicle curtains of fire retardant material, capable of enclosing the bed shall be provided in multiple-bed rooms to insure privacy for the patients/residents. Alternatives to this arrangement may be allowed if the alternative provides the same assurance of privacy; (1-1-88)

xi. Mirror(s) shall be arranged for convenient use by patients/residents in wheelchairs, as well as by patients/residents in standing position; (1-1-88)

xii. A staff calling system shall be installed at each patient/resident bed and in each patient/resident toilet, bath and shower room. The staff call in the toilet, bath and shower room shall be an emergency call. All calls shall register at the staff station and shall activate a visible signal in the corridor at the patient's/resident's door. The emergency call system shall be designed so that a signal light activated at the patient's/resident's station will remain lit until turned off at the patient's/resident's calling station; (1-1-88)

xiii. All patient/resident rooms shall be visible to a staffed nurse's station; (1-1-88)

xiv. Each patient/resident room shall be an outside room; (1-1-88)

xv. Patients/residents cannot be cared for or housed in any attic story, trailer house or in any room other than an approved patient/resident room; (1-1-88)

xvi. Patient/resident beds shall not be placed in hallways or any location commonly used for other than bedroom purposes; (1-1-88)

xvii. Ceiling heights in patient/resident rooms shall be a minimum of eight (8) feet; (1-1-88)

xviii. No room can be used for a patient/resident room which can only be reached by passing through another patient/resident room, utility room or any other room. All patient/resident rooms shall have direct access to an exit corridor; (1-1-88)

xix. Patient/resident rooms shall not open into any room in which food is prepared, served or stored; and (1-1-88)

xx. All patient/resident rooms shall be numbered. All other rooms shall be numbered or identified as to purpose. (1-1-

**Summary:** Patient/Resident Accommodations; Beds per Room; Room Location; Windows; Same Sex House in Rooms except for Married Couples; Grab Bars; Accessibility of Toilet and Handwashing Facilities; Minimum Furnishings; Ceiling Height (New Construction)