

## NEW MEXICO

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### 7.9.2.2 SCOPE:

A. Services for residents shall be provided on a continuing twenty-four (24) hour basis and shall maintain or improve physical, mental and psychosocial well-being under plan of care developed by a physician or other licensed health professional and shall be reviewed and revised based on assessment.

**7.9.2.42 INDIVIDUAL CARE:** Each resident shall receive care based upon individual needs.

#### A. HYGIENE:

(1) Each resident shall be kept comfortably clean and well groomed.

(2) Beds shall be made daily, with a complete change of linen to be provided as often as necessary, but at least once a week.

(3) Residents shall have clean clothing as needed to present a neat appearance and to be free of odors. Residents who are not bedfast shall be dressed each day, in their own clothing, as appropriate to their activities, preferences, and comforts.

B. DECUBITI PREVENTION: Nursing personnel shall employ appropriate nursing management techniques to promote the maintenance of skin integrity and to prevent development of decubiti filed in the resident's clinical record, except as provided in this section.

...(2) Nursing personnel shall provide care, including proper hydration, designated to maintain current functioning and to improve the resident's ability to carry out activities of daily living, including assistance with maintaining good body alignment and proper positioning to prevent deformities.

(3) Each resident shall be encouraged to be up and out of bed as possible, unless otherwise ordered by a physician.

(4) Any significant changes in the condition of any resident shall be reported to the nurse in charge or on call, who shall take appropriate action.

C. REHABILITATIVE MEASURES: Residents shall be assisted in carrying out rehabilitative measures initiated by a rehabilitative therapist ordered by a physician, including assistance with adjusting to any disabilities and using any prosthetic devices.

#### ... E. NOURISHMENT:

(1) Diets: Residents shall be served diets as prescribed by a physician.

(2) Adaptive devices: Adaptive self-help devices shall be available to residents assessed as capable of using such devices and these residents shall be trained in their use to contribute to independence in eating.

(3) Assistance: Residents who require assistance with food or fluid intake shall be helped as necessary.

(4) Food and fluid intake and diet acceptance: A resident's food and fluid intake and acceptance of diet shall be monitored and documented, and significant deviations from normal eating patterns shall be reported to the nurse and either the resident's physician or dietician as appropriate. [7-1-60, 7-1-64, 5-2-89; 7.9.2.42 NMAC - Rn, 7 NMAC 9.2.42, 8-31-00]

#### 7.9.2.44 TREATMENT AND ORDERS:

##### ...D. ADMINISTRATION OF MEDICATIONS

...(5) Errors and reactions: Medication errors and suspected or apparent drug reactions shall be reported to the nurse in charge or on call as soon as discovered and any entry made in the resident's clinical record. The nurse shall take appropriate action, including notifying the physician

[7-1-60, 5-2-89; 7.9.2.44 NMAC – Rn, 7 NMAC 9.2.44, 8-31-00]

#### 7.9.2.46 USE OF OXYGEN:

A. ORDERS OF OXYGEN: Except in an emergency, oxygen shall be administered only on order of a physician.

B. PERSON ADMINISTERING: Oxygen shall be administered to residents only by a capable person trained in its administration and use.

C. SIGNS: "No Smoking" signs shall be posted at the entrance of the room in which oxygen is in use.

D. FLAMMABLE GOODS: Prior to administering oxygen, all matches and other smoking material shall be removed from the room. [7-1-60, 5-2-89; 7.9.2.46 NMAC - Rn, 7 NMAC 9.2.46, 8-31-00]

#### 7.9.2.64 RESIDENT CARE EQUIPMENT:

A. PERSONAL NEED ITEMS: When a resident because of his or her conditions needs a mouthwash cup, a wash basin, a soap dish, a bedpan, an emesis basin, or a standard urinal and cover, that item shall be provided to the resident. This equipment may not be interchanged between residents until it is effectively washed and sanitized.

B. THERMOMETERS: If reusable oral and rectal thermometers are used, they shall be cleaned and disinfected between use.

C. FIRST AID SUPPLIES: Each nursing unit shall be supplied with first aid supplies, including bandages, sterile gauze dressings, bandage scissors, tape, and a sling tourniquet.

D. OTHER EQUIPMENT: Other equipment, such as wheelchairs with brakes, footstools, commodes, foot cradles, footboards, under-the-mattress bedboards, walkers, trapeze frames, transfer boards, parallel bars, reciprocal pulleys, suction machines, patient lifts and Stryker or Froster frames, shall be used as needed for the care of the residents.

[7-1-60, 7-1-64, 5-2-89; 7.9.2.64 NMAC – Rn, 7 NMAC 9.2.64, 8-31-00]