

WYOMING

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SECTION 5. ORGANIZATION AND ADMINISTRATION.

(c) Resident Care Policies. The Nursing Care Facility shall have written policies to govern nursing care and related medical or other services provided.

(i) The policies shall be available to admitting physicians, sponsoring agencies, residents and the public.

(ii) The policies shall reflect awareness of and provision for meeting the total medical and psycho-social needs of the residents.

Section 9. Nursing Services. The facility shall have sufficient nursing staff to meet the needs of the residents.

(c) Restorative Nursing Care. There shall be an active program of restorative nursing care directed towards assisting each resident to achieve and maintain his/her highest level of self care and independence. This program shall include:

(i) Maintaining good body alignment and proper positioning of the bedfast resident, wheelchair resident and the resident in a chair;

(ii) Encouraging and assisting dependent residents, as appropriate, to change position at least every two (2) hours, day and night, to stimulate circulation and prevent decubitus and deformities;

(iii) Making every effort to keep residents active and out of bed for reasonable periods of time, except when contraindicated by physician's orders, and encouraging residents to achieve independence in activities of daily living by teaching self care, transfer, and ambulation activities; and

(iv) Assisting residents to carry out the prescribed therapy regimen between visits of the physical, occupational, and speech therapists.