

## **151.ACTIVITIES PROGRAM.**

**01. Organized Program.** There shall be an organized and supervised activity program appropriate to the needs and interests of each patient/resident. The program shall be designed to include a variety of processes and services which are designed to stimulate patients/residents to greater self-sufficiency, resumption of normal activities and maintenance of an optimal level of psychosocial functioning. It shall include recreation, therapeutic, leisure and

**02. Policies and Procedures.** Policies and procedures shall be developed which reflect the purpose of the program and how it is to be accomplished. (1-1-88)

**03. Coordinator.** The facility shall designate an Activities Program Coordinator who shall: (1-1-88)

**a.** Coordinate and supervise the program. (1-1-88)

**b.** Devote sufficient time to the program to achieve an effective result meeting the individual needs of the patients/residents. (1-1-88)

**c.** Make or cause to be made an assessment of each individual's interests and needs. (1-1-88)

**d.** Develop and implement an individual activity plan for each patient/resident which reflects the interests and needs of the patient/resident. (1-1-88)

**e.** Provide active and continuing encouragement of patients/residents to participate in individual or group activities. (1-1-88)

**f.** Work with a variety of people and groups such as volunteers to achieve an effective program. (1-1-88)

**g.** Plan and schedule activities in advance and inform patients/residents of scheduling plans. (1-1-88)

**h.** Maintain appropriate records of patients'/residents' individual participation and progress. (1-1-88)

**i.** Plan group activities which shall be noted on a calendar of events, posted and large enough for the vision impaired to read. (1-1-88) **0**

**4. Records.** The individual patient's/resident's medical record shall contain: (1-1-88)

**a.** An assessment of his needs and interests which is: (1-1-88) i. Signed and dated by the person making the assessment. (1-1-88) ii. Reviewed periodically but at least annually. (1-1-88)

**b.** An activity plan designed to meet the interest and needs of the patient/resident and which: (1-1-88)

i. Has been approved by the patient's/resident's attending physician as not being in conflict with the patient's/resident's overall plan of care. Approval may be accomplished by signing the activity plan or by indicating activity plan approval on the physician's orders for care of the patient/resident. If the physician verifies approval on his orders he must initially provide the date of the plan which he approved. (1-1-88)

ii. Shall be updated as necessary due to changing interests or physical condition of the patient/ resident. The plan shall be updated at least annually. (1-1-88)

c. Progress notes which reflect the patient's/resident's response to the activity program. Progress notes shall be made by the activity coordinator or his designee at least quarterly. (1-1-88)

**05. Physical Requirements.** (7-1-93)

a. Supplies and equipment shall be provided in sufficient quantities to support the activities program and shall include items necessary to meet identified patient/resident needs and interests. (1-1-88)

b. Location of activities shall not be limited to the facility and the grounds of the facility. (1-1-88)

**06. Patient/Resident Participation.** The patient/resident has the right to refuse participation in an activity program. If a patient/resident refuses to participate in his individualized program the coordinator shall document his refusal, the attempts made to encourage the patient/resident and alternate means employed to keep the patient/resident active physically, mentally and socially. (1-1-88)

**07. Budget.** The facility shall provide adequate funding for the activity program. Patients/residents shall not be required to support the funding. (1-1-88)