

## PART VI SOCIAL SERVICES AND RESIDENT ACTIVITIES

### 125 SOCIAL SERVICES

125.01 Program. Each facility shall provide services to assist all residents in dealing with social and related problems through one or more case workers on the staff of the facility or through arrangements with an appropriate outside agency.

125.02 Records. Social services information concerning each resident shall be obtained and kept. This information shall cover social and emotional factors related to the resident's condition and information concerning his home situation, financial resources and relationships with other people.

125.03 Training. All nursing personnel and employees having contact with resident shall receive social service orientation and in-service training toward understanding emotional problems and social needs of residents.

125.04 Personnel. At least one person in each facility shall be designated as being responsible for the social services aspect for care in the facility.

125.05 Office Space. Office space shall be provided for social service personnel. The office shall be accessible to residents and ensure privacy for interviews.

### 126 RESIDENT ACTIVITIES

126.01 Activity Coordinator. An individual shall be designated as being in charge of resident activities. This individual shall have experience and/or training in group activities, or shall have consultation made available from a qualified recreational therapist or group activity leader.

126.02 Activity Program. Provisions shall be made for suitable recreational and entertainment activities for resident according to their needs and interests. These activities are an important adjunct to daily living and are to encourage restoration to self-care and resumption of normal activities. Variety in planning shall include some outdoor activities in suitable weather.<sup>37</sup>

126.03 Supplies and Equipment. The facility shall make available a variety of supplies and equipment adequate to satisfy the individual interests of residents.

126.04 Living and/or Recreational Room(s).

1. Each facility shall provide adequate living room(s), day room(s) and/or recreational room(s) for residents and visitors. Each home should provide at least two areas for this purpose—one for small groups such as private visit with relatives and friends and one for larger group activities. A

minimum of eighteen (18) square feet per bed shall be provided.

2. Dining area. A dining area shall be provided in facilities adequate to set at least three-fourths of the maximum capacity of the facility. The dining area may also be used for social, recreational, and/or religious services when not in use as a dining facility. A minimum of fifteen (15) square feet per person for three-fourths (3/4) of the capacity of the facility shall be provided.

126.05 Special Activities Area. Each facility should provide space for hobbies and activities that cannot be included in a day room, living room, or recreational room.

126.06 Outside Area. Adequate outside space should be provided for the use of residents in favorable weather.