

**MONTANA DEPARTMENT OF PUBLIC HEALTH AND HUMAN SERVICES
FEEDING ASSISTANT SKILLS COMPETENCY CHECKLIST**

FACILITY:

TRAINEE'S NAME:

TRAINING DATE(S):

<i>Competencies by written exam</i>	DATE PASSED	COMMENTS	SIGNATURE OF INSTRUCTOR
FEEDING TECHNIQUES/ASSISTANCE WITH FEEDING			
Proper nutrition			
Food likes & dislikes			
Adaptive feeding equipment			
Consistency of foods & fluids			
Proper positioning			
Resident & tray preparation			
Encouraging independence			
COMMUNICATION & INTERPERSONAL SKILLS			
Verbal & non-verbal communication			
Reporting amounts food & fluid consumed			
Reporting feeding problems			
Communication with hearing impaired			
APPROPRIATE RESPONSE TO RESIDENT BEHAVIOR			
Factors re: to inappropriate behaviors			
Techniques to gain resident's cooperation			
RESIDENTS' RIGHTS			
Federal requirements			
State requirements			
Competencies by demonstration			
Conversing with residents during meals			
Assists residents needing supervision & cueing			
Partial physical assist to eat			
Feeding totally dependent resident			
Assisting the blind			
Heimlich maneuver			
Check for safe food temperatures			
Handwashing			
Use of gloves			
Proper handling: food, utensils, dishware			