

## SECTION .3200 - FUNCTIONAL REQUIREMENTS

## 10A NCAC 13D .3201 REQUIRED SPACES

- (a) The net floor area of a single bedroom shall not be less than 100 square feet and the net floor area of a room for more than one bed shall not be less than 80 square feet per bed. The 80 square feet and 100 square feet requirements shall be exclusive of closets, toilet rooms, vestibules or wardrobes. When a designated single room exceeds 159 net square feet in floor area, it shall remain a single bedroom and cannot be used as a multi-bedroom unless approved in advance by the Division to meet the requirements of G.S.131E, Article 9.
- (b) The total space set aside for dining, recreation and other common use shall not be less than 25 square feet per bed for a nursing facility and 30 square feet per bed for the adult care home portion of a combination facility. Physical therapy, occupational therapy and rehabilitation space shall not be included in this total.
- (c) In nursing facilities, included in the total square footage required by Rule .3201(b) of this Section, a separate dining area or areas at a minimum of 10 square feet per bed shall be provided and a separate activity area or areas at a minimum of 10 square feet per bed shall be provided. The remainder of the total required space for dining and activities may be in a separate area or combined with either of the required dining or activity areas.
- (d) In combination facilities, included in the total square footage required by Rule .3201(b) of this Section, a separate dining area or areas at 14 square feet per adult care home bed shall be provided. The adult care home dining area or areas may be combined with the nursing facility dining area or areas. A separate activity area or areas for domiciliary beds shall be provided at 16 square feet per domiciliary bed. The adult care home activity area may not be combined with the activity area or areas required for nursing beds.
- (e) Dining, activity, and living space shall be designed and equipped to provide accessibility to both patients confined to wheelchairs and ambulatory patients. Required dining, activity, and living areas shall have windows with views to the outside. The glazing material for the windows shall not be less than eight percent of the floor area required for each dining, activity, or living space.
- (f) Closets and storage units for equipment and supplies shall not be included as part of the required dining, activity, and living floor space area.
- (g) Handicap accessible outdoor areas for individual and group activities shall be provided.
- (h) For nursing beds, separate bedroom closets or wardrobes shall be provided in each bedroom to provide each occupant with a minimum of 36 cubic feet of clothing storage space at least half of which is for hanging clothes.
- (i) For adult care home beds, separate bedroom closets or wardrobes shall be provided in each bedroom to provide each adult care home resident with a minimum of 48 cubic feet of clothing storage space at least half of which is for hanging clothes.
- (j) Some means for patients and residents to lock personal articles within the facility shall be provided.
- (k) A toilet room shall be directly accessible from each patient room and from each central bathing area without

going through the general corridor. One toilet room may serve two patient rooms but not more than eight beds. The lavatory may be omitted from the toilet room if one is provided in each patient room. One tub or shower shall be provided for each 15 beds not individually served. There shall be at least one bathtub accessible on three sides and one shower provided for each 60 beds or fraction thereof.

(l) For each nursing unit, or fraction thereof on each floor, the following shall be provided:

- (1) a medication preparation area with a counter, a sink with four-inch faucet trim handles, a medication refrigerator, eye level medication storage, cabinet storage and double locked narcotic storage room, located adjacent to the nursing station or under visual control of the nursing station;
  - (2) a clean utility room with counter, sink with four-inch handles, wall and under counter storage;
  - (3) a soiled utility room with counter, sink with four-inch handles, wall and under counter storage, a flush-rim clinical sink or water closet with a device for cleaning bedpans and a means for washing and sanitizing bedpans and other utensils;
  - (4) a nurses' toilet and locker space for coats, purses, and personal belongings;
  - (5) an audio-visual nurse-patient call system arranged to ensure that a patient's call in the facility is noted at a staffed station;
  - (6) a soiled linen storage room;
  - (7) a clean linen storage room;
  - (8) a nourishment station in an area enclosed with walls and doors which contains work space, cabinets and refrigerated storage, and a small stove, microwave oven or hot plate; and
  - (9) one nurses' station consisting of desk space for writing, storage space for office supplies, storage space for patients' records and space for nurses' call equipment.
- (m) Clean linen storage shall be provided in a separate room from bulk supplies. Clean linen for nursing units may be stored in closed carts, or cabinets in the clean utility room, or in a linen closet on the unit floor.
- (n) A soiled linen room shall be provided.
- (o) Each nursing unit shall be provided with at least one janitor's closet. The kitchen area and laundry area each shall have a janitor's closet. Administration, occupational and physical therapy, recreation, personal care and employee facilities shall be provided janitor's closets and may share one as a group.
- (p) Stretcher and wheelchair storage shall be provided.
- (q) Bulk storage shall be provided at the rate of five square feet of floor area per bed.
- (r) Office space shall be provided for persons holding the following positions: administrator, director of nursing, social services director, activities director and physical therapist. There shall also be a business office.
- (s) Each combination facility shall provide a minimum of one residential washer and residential dryer located to

be accessible by adultcare home staff, residents, and family, unless personal laundry service is provided by the facility.

History Note: Authority G.S. 131E-104;

Eff. January 1, 1996;

Amended Eff. October 1, 2008.

#### 10A NCAC 13D .3202 FURNISHINGS

(a) Handgrips shall be provided for all toilet and bath facilities used by patients. Handrails shall be provided on both sides of all corridors used by patients.

(b) Flame resistant privacy screens or curtains shall be provided in multi-bedded rooms.

History Note: Authority G.S. 131E-104;

Eff. January 1, 1996.