

3701-17-15.1      **Prone restraints.**

(A) For purposes of this rule:

- (1) "Prone restraint" means all items or measures used to limit or control the movement or normal functioning of any portion, or all, of an individual's body while the individual is in a face-down position for an extended period of time. Prone restraint includes physical or mechanical restraints; and
- (2) "Transitional hold" means a brief physical positioning of an individual face-down for the purpose of quickly and effectively gaining physical control of that individual in order to prevent harm to self and others, or prior to transport to enable the individual to be transported safely. A transitional hold may include the use of handcuffs or other restraints incident to arrest or temporary detention by law enforcement consistent with departmental policy.

(B) The use of a prone restraint is prohibited in nursing homes.

(C) The use of a transitional hold may be permitted only when all of the following conditions are met:

- (1) A transitional hold may be applied only by staff with current training on the safe use of this procedure, including how to recognize and respond to signs of distress in the individual;
- (2) A transitional hold may be applied only in a manner that does not compromise breathing, including the compromise that occurs with the use of:
  - (a) Pressure or weight bearing on the back;
  - (b) Soft devices such as pillows under an individual's face or upper body; or
  - (c) The placing of an individual's or staff's arms under the individual's head, face, or upper body;
- (3) A transitional hold may be applied only for the reasonable amount of time necessary to safely bring the person or situation under control and to ensure the safety of the individuals involved; and
- (4) A transitional hold may be applied only with consistent and frequent monitoring during and after the intervention with every intent to assure that the person is safe and suffers no harm.

Effective: 06/20/2010

R.C. 119.032 review dates: 11/01/2014

CERTIFIED ELECTRONICALLY

---

Certification

06/10/2010

---

Date

Promulgated Under: 119.03  
Statutory Authority: 3721.04  
Rule Amplifies: 3721.04