

**DISTRICT OF COLUMBIA
DEPARTMENT OF HEALTH**
Chapter 32 of Title 22 DCR

3230 RESIDENT ACTIVITIES

3230.1 In facilities of sixty (60) or more licensed beds, the activities program shall be directed by a recreational therapist or activities staff certified or recognized by an accredited body.

3230.2 Each resident shall be encouraged, but not required, to participate in the resident activities program.

3230.3 A resident activities program shall include, but not be limited to, the following:

- (a) Active, passive, individual and group activities; and
- (b) Activities for residents who are unable to leave their rooms, which shall be directed toward maintaining and promoting the well-being of each resident.

3230.4 Each facility shall provide the following:

- (a) A diversity of physical, social, intellectual, spiritual, cultural, and recreational activities;
- (b) Activities for bedridden residents, including, but not limited to:
 - (1) Large print books, current magazines and periodicals;
 - (2) A record or tape player;
 - (3) A television;
 - (4) A radio;
 - (5) Craft supplies; and
 - (6) Puzzles, games and playing cards;
- (c) Locked storage for recreational equipment and supplies;
- (d) Opportunity for interested family members and friends of residents to participate in facility activities that are specifically designed to include interested family members and friends;
- (e) Opportunity to participate in community activities;
- (f) Indoor and outdoor activities; and
- (g) The opportunity to implement a pet program and, if adopted, development of policies and procedures for the care and maintenance of the animals.

3230.5 The responsibilities of the director of the activities program or his or her designee shall include, but not be limited to, the following:

- (a) To provide direction and quality guidelines of the program;
- (b) To develop and maintain a plan for the program and procedures for implementing the plan;
- (c) To plan and budget for the program, including the number and levels of employees to be hired and the equipment and supplies to be purchased;
- (d) To coordinate and integrate the program with other resident care services provided in the facility and in the community;
- (e) To assist in the development of and participate in staff orientation and annual education programs for all staff in the facility;
- (f) To develop a written monthly activities schedule in a large print calendar that includes date, time and location of each scheduled activity;
- (g) To post the activities schedule on the first working day of each month at each nursing unit, at a height that can be clearly seen by residents in wheelchairs;
- (h) To assure that visually, hearing and cognitively impaired residents know about posted activities;
- (i) To assess the therapeutic activity needs and interests of each resident within fourteen (14) days of admission; and
- (j) To participate in the development of an interdisciplinary care plan and reassess each resident's responses to activities at least quarterly after reviewing with each resident his or her participation in the activities program.