Resident Bedroom

20.E.1. Provision for Residents' Bedrooms
a. Each bedroom for the accommodation of residents shall be given a separate, permanent number or name and this identification shall not be changed without notification to the Department. Such number or name shall be stated on all plans, with the maximum number of occupants.
b. Single bedrooms for the accommodation of residents shall allow a minimum of one hundred (100) square feet of usable floor space.
c. Multiple bedrooms shall provide a minimum of eighty (80) square feet of usable floor space per bed.
e. No room shall have more than four (4) beds. In new facilities planned after July 1, 1994, no room shall have more than two (2) beds.
f. Each resident's bedroom windows shall be grade level on a vertical plane, located on an exterior wall and shall have an unobstructed view when the situation is under control of the facility.
g. Each resident's bedroom shall be an outside room, with a minimum window glass area equal to 1/10 of the available floor space and no more than three (3) feet high from the floor. The windows shall be openable and equipped with window shades or equivalent in good repair. In air conditioned buildings, only one (1) window in each room must be openable.
h. Each resident's bedroom shall have direct access to a corridor without passing through the kitchen, bathroom, or another resident's room.
k. Each resident's bedroom shall be provided with a mirror.

20.F.1. Beds
a. Each resident shall be provided an adjustable hospital-type single or twin bed, at least thirty-six (36) inches wide and of proper size and height for the convenience and needs of the resident. Beds must be of substantial construction and in good repair.
b. For new construction and/or replacement, the beds shall be adjustable as to height and positioning of the head and lower sections of the bed.
c. Each bed shall have a label identifying the resident.
d. Each bed shall be provided with satisfactory type springs in good repair and a clean, comfortable mattress at least five (5) inches thick, four (4) inches if of foam rubber construction, and four and one half (4 1/2) inches thick, if of inner spring type and standard in size. Each bed shall be provided with two (2) clean, comfortable pillows of average bed size and moisture-proof covers and sheets, as necessary, to keep the mattress and pillows dry and clean.
e. Beds shall be so placed in each room so as to be easily serviceable and not subjected to extremes of heat or cold. Beds shall not be placed closer than three (3) feet from other beds and walls; for new construction, four (4) feet shall be the distance. The head of a bed may be placed against a properly insulated exterior wall. No bed shall be placed within three (3) feet of a heating unit.

20.F.2. Additional Equipment
a. For each resident's bed, there shall be:
   1. A bedside cabinet with a drawer and washable top;
   2. A minimum of two (2) dresser drawers and a minimum of four (4) dresser drawers in newly constructed or renovated facilities;
3. An individual towel rack;  
4. A comfortable non-folding chair, or a chair designed specifically for geriatric use; and  
5. A reading lamp.

b. Individual bedpan, urinal, and washbasins used by the resident shall be stored in the resident’s room within an enclosed bedside table or in a separate cabinet or in some other conveniently accessible space with resident identification for individualized use.

c. Each facility shall have appropriate functional furniture, including over-bed or chair-side tables to meet the needs of the residents.

**Toilet Area**

i. Each resident’s room must be equipped with, or located near; toilet and bathing facilities.

m. Handwashing sinks located in the bedroom shall be provided with total visual privacy, if used by residents for personal care.

20.H.3. Ventilation

All bath and toilet rooms shall be ventilated to the outside either by means of a window that can be opened or by an exhaust fan.

20.H.4. Fixtures

a. All bathrooms and bathroom fixtures shall be of sound construction, in good repair and designed so that they may be maintained in a clean and sanitary condition.  
b. All toilets, showers and bathtubs shall be provided with handgrips to assist residents.

20.H.5. Lighting and Locks

a. Each toilet room and bathing room shall be adequately lighted and have a light switch just inside or outside the door, and shall have a well-lighted mirror for each lavatory.  
b. Locks on the rooms shall be readily openable from the outside under all circumstances.

20.H.6. Call Bells and Door Alarms

a. Automatic call bells shall be provided for each toilet and bathing room for resident use.  
b. Safety alert systems, approved by the Department, shall be provided at all exit doors that are in areas routinely used by residents.

20.H.7. Partitions

Partitions shall be installed to provide privacy for each toilet and bath fixture when there is more than one (1) such fixture in a room.

20.H.8. Equipment for Toilet Training

a. One (1) toilet enclosure that is accessible and large enough to permit toilet training of wheelchair residents shall be provided on each floor having wheelchair residents.  
b. A lavatory and a mirror so located and hung that they can be used by wheelchair residents shall be provided for each of these toilets.

20.H.10. Restricted Use
Residents’ bathing, lavatory and toilet rooms shall not be used as utility areas, linen storage or medication areas.

**New Construction: Room and Bath**

d. **Newly constructed facilities** or additions that include bedrooms or renovations to existing bedrooms in existing facilities approved after the adoption of these regulations shall provide one hundred (100) square feet of usable floor space per bed. Usable floor space shall be calculated only for that floor space having a ceiling height of seven (7) feet. Usable floor space shall exclude doorswing area, passageways, closets and vestibules.

j. For newly constructed or renovation of facilities planned after July 1, 1994, each resident shall be provided with a separate and individual closet in the bedroom, with clothes racks and shelves accessible to the resident. The closet pole shall be no more than sixty (60) inches from the floor and the door shall have a twenty (20) inch minimum width. Shelves shall be at least twenty-two (22) inches long by twenty (20) inches wide for each bed.

l. For newly constructed or renovations of facilities planned July 1, 1994, each bed shall have ceiling suspended curtains which extend around the bed to provide total visual privacy, in combination with adjacent walls and curtains.

**Summary:** Patient Room ID; Minimum Room Size (Date-Specific); Minimum Ceiling Height; Beds per Room; Room Location; Mirror; Handwashing Facilities; Minimum Bed Size; Minimum Linens Specified; Windows; Minimum Furnishings Specified; Privacy Curtains; Storage