Resident Bedroom

A nursing home must provide a safe, clean, functional, comfortable, and homelike physical environment, allowing the resident to use personal belongings to the extent possible.

4658.1405 RESIDENT UNITS.
The following items must be provided for each resident:
A. A bed of proper size and height for the convenience of the resident, a clean, comfortable mattress, and clean bedding, appropriate for the weather and resident’s comfort, that are in good condition. Each bed must have a clean bedspread. A moisture-proof mattress or mattress cover must be provided for all residents confined to bed and for other beds as necessary. Rollaway type beds, cots, or folding beds must not be used.
B. A chair or place for the resident to sit other than the bed.
C. A place adjacent or near the bed to store personal possessions, such as a bedside table with a drawer.
D. Clean bath linens provided daily or more often as needed.
E. A bed light conveniently located and of an intensity to meet the needs of the resident while in bed or in an adjacent chair.

4658.5000 BEDROOM DESIGN, EXISTING CONSTRUCTION.
Subpart 1. Design. Each resident bedroom must be designed and equipped for adequate nursing care, comfort, and privacy of residents, including full visual privacy of residents.

Subp. 2. Usable floor area. The usable floor area per bed must be at least 70 square feet for three- or four-bed rooms, at least 80 square feet for two-bed rooms, and at least 100 square feet for single bedrooms. The usable floor area and the arrangement and shape of the bedroom must provide space for furnishings, for the free movement of residents with physical handicaps, and for nursing procedures. "Usable floor area" does not include spaces occupied by toilet rooms, vestibules, permanently installed wardrobes, lockers, closets, or heating units.

Subp. 3. Access to exit. Each bedroom must have direct access to an exit corridor.

Subp. 4. Bedroom shape. The shape of the bedroom must allow for the capability of a bed arrangement which provides at least three feet of floor space at both sides and the foot end of each bed.

Subp. 5. Distance from nurses' station. Resident bedrooms must be located within 140 feet from the nurses' station.

4658.5005 BEDROOM DOOR LOCKS; EXISTING CONSTRUCTION.
Subpart 1. Written policy. A nursing home must develop a written policy regarding the use of locks on resident bedroom doors. The policy must address whether or not doors can be locked while the resident is in the room.
Subp. 2. **Door locks.** Door locks must permit exit from the room by a simple operation without the use of a key. Door locks must be openable with a master key which is located at each nurses’ station.

**4658.5010 CLOTHES WARDROBE OR CLOSET; EXISTING CONSTRUCTION.**
A nursing home must provide each resident with individual wardrobe or closet space in the resident’s bedroom with clothes racks and shelves accessible to the resident. Locks may be provided, with keys for the residents, when a pass key is provided at the nurses’ station.

**4658.5040 ROOM LABELING; EXISTING CONSTRUCTION.**
All bedrooms must be labeled using a system of numbers. All service rooms must be labeled.

**Toilet Area**

**4658.5025 TOILET ROOMS AND SANITARY FIXTURES; EXISTING CONSTRUCTION.**
A nursing home must have at least one toilet and one sink for eight beds, and at least one shower or tub for 20 beds. When the licensed bed capacity is increased, the requirements under part 4658.4135 apply to the new addition. In resident toilet rooms where grab bars or towel bars are not provided, bars must be installed according to part 4658.4145 to the extent that the room arrangements will permit. A toilet room must have a sink and all sinks must be provided with hot and cold water.

**New Construction: Room and Bath**

**4658.4100 RESIDENTS’ BEDROOM REQUIREMENTS, CAPACITIES; NEW CONSTRUCTION.**
At least five percent of the rooms must be designed for single person occupancy (one bed), and must have private toilet rooms. No room may have more than two beds. No toilet room may be shared by more than two bedrooms.

**4658.4105 BEDROOM DESIGN; NEW CONSTRUCTION.**

Subpart 1. **Design.** Each bedroom must be designed and equipped for adequate nursing care, comfort, and privacy of residents, including full visual privacy of residents.

Subp. 2. **Usable floor area.** The usable floor area and the arrangement and shape of the bedroom must provide space for furnishings, for the free movement of residents with physical handicaps, and for nursing procedures. ”Usable floor area” does not include spaces occupied by toilet rooms, vestibules, permanently installed wardrobes, lockers, closets, or heating units. The usable floor area per bed must be at least 100 square feet per resident in double bedrooms, and at least 120 square feet in single bedrooms.

Subp. 3. **Access to exit.** Each bedroom must have direct access to an exit corridor.

Subp. 4. **Bedroom shape.** The shape of the bedroom must allow for the capability of a bed arrangement that provides at least three feet of floor space at both sides and the foot end of each bed.

Subp. 5. **Window.** Each bedroom must have at least one window to the outdoors.

Subp. 6. **Window area.** The window area must not be less than one-eighth of the required usable floor area, and the window sill must not be higher than two feet six inches above the floor. The entire window area must face an open outdoor space not less than 30 feet deep, and must provide
an unobstructed angle of vision within this space of not less than 65 degrees. The 30-foot-deep open outside space must be measured perpendicular to the plane of the window. The 65 degree unobstructed angle of vision must include the perpendicular bisector of the window. Figure #1 illustrates these requirements:

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Subp. 7. **Floor at grade level.** Each bedroom must have a floor at or above grade level. An energy conservation berm as detailed in the diagram below is permitted. The following three diagrams illustrate acceptable methods of compliance with this subpart.

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Subp. 8. **Distance from nurses’ station.** Bedrooms must be located not more than 140 feet from the nurses’ station.

### 4658.4110 BEDROOM DOORS; NEW CONSTRUCTION.

Subpart 1. **Written policy.** A nursing home must develop a written policy regarding the use of locks on bedroom doors. The policy must address whether or not doors can be locked while the resident is in the room.

Subp. 2. **Door locks.** All bedroom door locks must permit exit from the room by a simple operation without the use of a key. All locks must be openable with a master key which is located at each nurses’ station.

Subp. 3. **Door.** The door to the corridor must be of fire-resistive construction in accordance with the Minnesota State Building Code, open into the bedroom, and have a nominal width of 44 inches. Bedroom doors must not open directly to an area where services are provided.

### 4658.4115 CLOTHES WARDROBE OR CLOSET; NEW CONSTRUCTION.

A nursing home must provide each resident with individual wardrobe or closet space in the resident’s bedroom with clothes racks and shelves accessible to the resident. Locks may be provided, with keys for the residents when a pass key is available at the nurses’ station.

### 4658.4135 TOILET ROOMS AND SANITARY FIXTURES; NEW CONSTRUCTION.

Subpart 1. **Design and equipment.** Toilet rooms for residents, personnel, and the public must be designed and equipped according to part 4658.4145, except as noted in this part. A nursing home must have at least one toilet and one sink for four beds, and at least one shower or tub for 20 beds, excluding toilets for personnel or the public, and toilets in central bathing and other service areas. At least one toilet room must be designed and equipped according to part 4658.4150 and available for public use. Each toilet room must include a sink. All sinks must be provided with hot and cold water.

Subp. 2. **Showers and tubs.** There must be at least one shower and one tub in each nursing home.

### 4658.4140 PROVISION OF RESIDENT TOILET ROOMS; NEW CONSTRUCTION.

Each resident toilet room must be directly accessible from the bedroom. A toilet room may serve two bedrooms, but no more than four beds, if residents are of the same sex. Hinged doors must swing out, or must be double acting and provided with an emergency-type release stop. Privacy
door locks must be of a type which can be opened by staff in an emergency. Sliding doors must be surface mounted. Folding doors and pocket doors are prohibited.

4658.4145 TOILET ROOM LAYOUT; NEW CONSTRUCTION.

Layout:
A. The door opening must have a clear opening of at least 32 inches. Hinged doors must swing out, or must be double acting and provided with an emergency-type release stop.
B. The center of the toilet must be located 18 inches from the side wall and there must be at least three feet of unobstructed space in front of the bowl. No basic interior room dimension may be less than 42 inches.
C. The toilet must be mounted at a height of not less than 17 inches nor more than 19 inches above the floor, measured to the top of the seat. The bowl must be elongated with an open-front seat.
D. Flush valves must be a quiet operating type.
E. The paper holder must be securely anchored on the side wall near the toilet, six inches above the seat, and six to 12 inches in front of the seat with both dimensions measured to the center of the holder.
F. A vertical grab bar, at least 18 inches long, must be provided on the side wall near the toilet. The low end must be mounted at a height of ten inches above the toilet seat and at a distance of 12 inches in front of the seat. A grab bar on each side of the toilet is recommended.
G. Grab bars must have an outside diameter of 1-1/4 to 1-1/2 inches, and must provide a clearance of 1-1/2 inches between the grab bar and the wall. Grab bars must be securely anchored to sustain a load of 250 pounds for five minutes.
H. The sink, with or without a counter top, must be mounted at a height of 32 to 34 inches above the floor, measured to the top edge.
I. A towel bar must be provided at a height of 42 to 44 inches above the floor. It must be a horizontal grab bar.
J. A shelf large enough to accommodate a resident's personal toilet accessories must be provided, unless space is provided by a suitable sink or a counter.

4658.4150 HANDICAPPED ACCESSIBLE TOILET ROOMS; NEW CONSTRUCTION.

Layout:
A. Toilet rooms for wheelchair users must be arranged to allow movement for the frontal, oblique, and lateral angle approach.
B. The door opening must have a clear opening of at least 32 inches, and must be located within an area in front of the toilet. Hinged doors must swing out, or must be double acting and be provided with an emergency-type release stop. Privacy door locks must be of a type which can be opened by staff in an emergency.
C. The center of the toilet must be located 18 inches from the side wall and there must be at least four feet of unobstructed space in front of the bowl. All basic interior room dimensions must be at least 66 inches.
D. The toilet must be mounted at a height of 17 to 19 inches above the floor, measured to the top of the seat. The bowl must be elongated with an open front seat.
E. Flush valves must be a quiet operating type.
F. The paper holder must be securely anchored on the side wall near the toilet, 19 to 25 inches above the floor, and six to 12 inches in front of the seat with both dimensions measured to the center of the holder.
G. An L-shaped grab bar, each leg at least 18 inches long, must be provided, securely anchored on the side wall near the toilet. The low end of the vertical leg must be mounted at a height of ten inches above the toilet seat and at a distance of 12 inches in front of the seat, and the horizontal
grab bar must extend toward the back wall.
H. A horizontal grab bar must be mounted on the wall at the rear of the toilet at a height of 33 to 36 inches above the floor. The grab bar must be at least 36 inches long.
I. Grab bars must have an outside diameter of 1-1/4 to 1-1/2 inches, and must provide a clearance of 1-1/2 inches between the grab bar and the wall. Grab bars must be securely anchored to sustain a load of 250 pounds for five minutes.
J. The sink, with or without a counter top, must be accessible and must not interfere with general wheelchair movements. It must be mounted at a height of 34 inches above the floor, measured to the top edge, and must provide a vertical clearance of at least 27 inches for knee space. A standard-type sink which meets these conditions is acceptable.
K. A towel bar must be provided at a height of 42 to 44 inches. It must be a horizontal grab bar.
L. If a mirror is provided, and is mounted flush to the wall, the bottom of the mirror must be placed at a height of 36 inches and the top at a height of at least 66 inches. Tilting mirrors are allowed provided they are mounted to meet the needs of the residents.
M. A shelf large enough to accommodate a resident’s personal toilet accessories must be provided at a height of 32 to 36 inches, unless space is provided by a suitable sink or a counter.

4658.4180 ROOM LABELING; NEW CONSTRUCTION.
All bedrooms must be labeled using a system of numbers.
All service rooms must be labeled.

4658.4625 BEDROOM RECEPTACLES; NEW CONSTRUCTION.
Each resident bedroom must have a minimum of two duplex receptacles mounted on the wall at the head of the bed, and one receptacle mounted on each side of the bed, for a total of four electrical outlets per bed. In addition to the receptacles at the head and side of each bed, each resident bedroom must be provided with two additional duplex receptacles, conveniently located on adjacent walls for resident use. At least one receptacle must be located between 16 inches and 20 inches above the floor, and be accessible for resident use.

4658.4630 NIGHT LIGHTS; NEW CONSTRUCTION.
Each resident bedroom must be provided with a night light.

Summary: Minimum Furnishings Specified; Beds per Room; Bedroom/Toilet Ratio (New Construction); Minimum Room Size; Windows; Mirrors; Room Labeling; Door Locks; Storage; Grab Bars